

# Mount Rainier National Park

## Wildflower Guide

### Editor's Note

One of the things that Mount Rainier National Park is most famous for are the wildflowers. The meadows become spectacular carpets of colorful flowers. The season is short, and the exact timing can vary each year depending on the weather, but in general the flowers are in peak bloom from mid-July to mid-August. Frosts often set in by late August.

The flowers you'll see vary from the forest flowers at lower altitudes (approximately 2,000 to 4,500 feet above sea level) to sub alpine blooms higher up (approximately 2,000 to 4,500 feet above sea level).

There are more than 150 different types of flowers. In this guide, I have included 30 of the most common and most beautiful so you can identify them as you're walking around the national park.

James

**James Ian**  
Founder



**Parks Collecting**



# WILDFLOWER GUIDE



American Bistort  
Sub Alpine



Bear Grass  
Sub Alpine



Broadleaf Arnica  
Sub Alpine



Broadleaf Lupine  
Sub Alpine



Canada Goldenrod  
Forest



Cascade Aster  
Sub Alpine



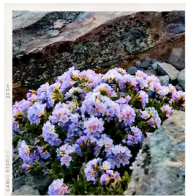
Cow Parsnip  
Forest



Cusicks  
Speedwell  
Sub Alpine



Edible Thistle  
Sub Alpine



Elegant Jacob's  
Ladder  
Sub Alpine





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Elephant's Head  
Sub Alpine



False Bugbane  
Forest



Fireweed  
Forest



Goat's Beard  
Forest



Grey's Lovage  
Sub Alpine



Hooded Ladies  
Tresses  
Forest



Jeffrey's  
Shooting Star  
Sub Alpine



Magenta  
Paintbrush  
Sub Alpine



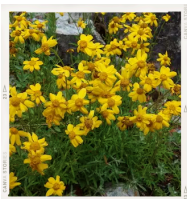
Mountainbells  
Forest



Oceanspray  
Sub Alpine



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Oregon Sunshine  
Sub Alpine



Partridgefoot  
Sub Alpine



Pink Mountain  
Heather  
Sub Alpine



Pink Wintergreen  
Forest



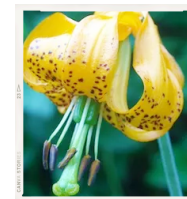
Sickletop  
Lousewort  
Sub Alpine



Smallflowered  
Penstemon  
Sub Alpine



Subalpine Daisy  
Sub Alpine



Tiger Lily  
Forest



Western  
Coralroot  
Forest



White Bog  
Orchid  
Forest